



## BUCS Medical Exemption Form – Athletic Union Verified

- Not permitted for BUCS Knock-Out fixtures.
- Must be as a result of the advice given by a treating medical professional (named below).
- The player must be prepared to permit verification by treating medical professional.
- Must follow a period of absence from competition.

Name of Player	
Date of Fixture	
Sport	
Team Playing In and Tier	
<u>1.</u> Team Normally In and Tier	
Fixture Details	
<u>2.</u> Length of Absence (number of fixtures missed)	
<u>3.</u> Medical Professional Conducting Treatment (name and profession)	
Number of Medical Exemptions previously this season for named individual	
Athletic Union Signing Officer Name	
Position	
Signature	
Date of Signing	
<i>The Athletic Union Officer signing this form hereby declares that the individual named is returning to competition following a period of absence due to injury and has been advised by a medical professional (3.) to re-enter competition gradually. In signing this form the Athletic Union Officer declares all of the details provided to be true and accurate.</i>	

**1. Team Normally In and Tier** – refers to the team for which the individual is normally selected and the tier of BUCS competitions within which the team participates.

**2. Length of Absence** – refers to the length of time the individual has been absent from competition prior to the fixture for which the exemption form is being completed. Detail how many fixtures the individual has missed for the team in which they would normally participate (the team listed in 1.)

**3. Medical Professional Conducting Treatment** – requires the name and profession of the medical professional under which the individual is receiving treatment, e.g. 'Max Ankle – Physiotherapist'. Said professional would have to be prepared to verify that it is upon their advice that the individual is required to re-enter competition in a gradual manner if requested.

*For further guidance see overleaf....*

**Medical Exemption:** Players returning from a period of absence due to injury may be authorised to play for a lower tiered team by their AU for league fixtures only (not permitted for cups). A medical exemption form (completed and verified by AU representative prior to fixture) must be presented with the team sheets at the league fixture in question and 'M.E.' written against the name(s) of the applicable player(s) to indicate their status. Exemptions only apply to one league fixture in a lower tiered team while returning to fitness.

Player Permits – the named player must be prepared to permit the treating medical professional identified on the Medical Exemption form to verify that they are a) treating the individual and b) it is upon their medical advice the player is acting.

Medical Professional- Medical exemptions may only be applied if the return from injury is being overseen by an acceptable medical professional. AUs are advised that BUCS may request a formal letter from said medical professionals on a random basis simply to verify the validity of the exemption. No confidential details will be required.

Multiple Exemptions- in a season for an individual and/or an extended period required to return to fitness beyond one fixture will require the AU to apply to the BUCS Office for clearance BEFORE the individual in question participates in any further fixtures.

Period of Absence – A player may only be granted a medical exemption if they are returning following a period of absence from competition, they cannot take part in successive fixtures. i.e. they must have been unable to take part in a fixture due to injury prior to the medical exemption being required.